Dairy free, sugar free, and gluten free.†

**Directions for Use:** Adults, add the contents of one stick pack to your favorite cold food or

beverage and consume immediately. Take one stick pack every 1-2 days, or as needed to promote digestive health.\*

## **Supplement Facts** Serving Size: 1 stick pack Servings Per Container: 5 %DV Amount Per Serving Proprietary Blend (Lactobacillus rhamnosus LGG®‡, Bifidobacterium BB-12®# 12 billion CFU) †Daily Value (DV) not established.

Other Ingredients: Mannitol, Inulin, Silicon Dioxide.

 ${}^{\ddagger}\text{LGG}{}^{\circledcirc}$  is a registered trademark of Valio Ltd.

\*\*BB-12® is a registered trademark of Chr. Hansen.

Keep out of reach of children. Consult your physician if you have an autoimmune disorder, are taking immunosuppressant medication, are pregnant or nursing, taking a prescription drug, or have a medical condition.

Store at room temperature (25 °C).

tNo gluten-containing ingredients are used in this product. Produced on equipment that also processes milk and soy.

## **USANA HEALTHPAK**

Directions: Take one (1) packet in the morning and one (1) packet in the evening, preferably with food.

Supplement F	act	ts
erving Size: 1 packet		_
ervings Per Container: 10		
amount Per Serving		%DV
itamin A (as 25% (516 mcg) Retinyl Acetate and 75% (2700 mcg)	1804 μg RAE	200%
s Beta Carotene, Mixed Carotenoids)	500	FF00/
itamin C (as Magnesium, Calcium, Potassium, and Zinc Ascorbates) itamin D3 (as Cholecalciferol)	500 mg	556%
itamin E (as d-alpha Tocopheryl Succinate)	31 µg 67 ma	155% 447%
itamin K (as K1 [Phytonadione] 240 µg, and K2 [MK-7 Menaquinone] 30 µg)	270 µg	225%
hiamine (Vitamin B1)	270 pg 15 mg	1250%
iboflavin (Vitamin B2)	15 mg	1154%
iacin (as Niacin and Niacinamide)	20 mg NE	125%
itamin B6 (as Pvridoxine HCL)	16 ma	941%
plate (as 300 μg Folic Acid)	500 µa DFE	125%
itamin B12 (as Cyanocobalamin)	100 µg	4167%
intin	150 µg	500%
antothenic Acid (as D-Calcium Pantothenate)	45 mg	900%
holine (as Choline Bitartrate)	51 mg	9%
alcium (as Calcium Citrate, Carbonate, and Ascorbate)	243 mg	19%
dine (as Potassium Iodide)	250 uq	167%
lagnesium (as Magnesium Citrate, Carbonate, and Ascorbate)	243 mg	58%
inc (as Zinc Citrate)	10 mg	91%
elenium (as L-selenomethionine and Sodium Selenite)	100 µg	182%
opper (as Copper Gluconate)	1 mg	111%
langanese (as Manganese Gluconate)	1 mg	43%
hromium (as Chromium Polynicotinate)	150 µg	429%
folybdenum (as Molybdenum Citrate)	25 µg	56%
lixed Tocopherols (D-gamma, D-delta, D-beta Tocopherol)	40 mg	t
ositol	64 mg	t
-Cystine	80 mg	t
penzyme Q10	6 mg	t
ıtein	300 µg	t_
rcopene	500 µg	
licon (as Calcium Silicate)	4.25 mg	
oron (as Boron Citrate)	1.83 mg	
anadium (as Vanadium Citrate)	20 µg	
tra Trace Minerals	1.5 mg	
Celligence Complex and CellSentials Booster	105	
Alpha Lipoic Acid	125 mg 90 ma	I
Quercetin Dihydrate Pterocarpus Marsupium Extract (Containing Pterostilbene [Pterocarpus marsupium, wood])		I
Meriva® Bioavailable Curcumin Complex ( <i>Curcuma longa</i> L., root)**	50 mg 36 mg	<u>I</u>
Green Tea Extract (Camellia sinensis hunt. leaves)		I
Olivol (Olive Fruit Extract, <i>Olea europaea</i> L., fruit)	35 mg 25 ma	<u>I</u>
Resveratrol	25 mg 20 mg	
Rutin	20 mg	
Hesperidin ( <i>Citrus spp.</i> L., fruit)	20 mg	

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Modified Starch, Silicon Dioxide, Vegetable Fatty Acid, Organic Matdodextrin, Ascorbyl Palmitate, Pregelatinized Starch, Modified Cellulose, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olien, Organic Guar Gum.

Laboratory tested, quality quaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

"Meriva" is a registered trademark of Indena S.p.A.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

Store in cool, dry conditions. [Below 23 °C (73 °F)]