

NUTRITION INFORMATION

Servings per package: 14

Serving Size: 1 packet (2.5 g)

	Quantity per serving (2.5 g) [†]	Quantity per 100 g [†]
Energy	84 kJ (20 Cal)	3360 kJ (800 Cal)
Protein	0 g	0 g
Fat, total	2 g	80 g
-saturated	0.5 g	20 g
-trans	0 g	0 g
-polyunsaturated	0.8 g	32 g
-monounsaturated	0.4 g	16 g
Carbohydrate	0 g	0 g
-sugars	0 g	0 g
Sodium	3 mg (0.13 mmol)	120 mg (5 mmol)
Fish Oil	2000 mg	80 g
Omega-3 fatty acids	650 mg	26 g
DHA	230 mg	9.2 g
EPA	350 mg	14 g

[†] Average Quantities

Recommended Use:

Ages 4–12 years—take one (2.5 g) packet every other day, with or without food.

INGREDIENTS: FISH OIL, WATER, PASTEURIZED EGG YOLK, NATURAL ORANGE FLAVOUR, ANTIOXIDANTS (ASCORBIC ACID, SODIUM ASCORBATE), NATURAL SWEETENER STEVIA, CANOLA OIL, ANTIOXIDANTS (D-ALPHA TOCOPHEROL, CITRIC ACID), PRESERVATIVES (POTASSIUM SORBATE, SODIUM BENZOATE), FLAVOUR (VANILLIN), COLOUR (BETACAROTENE), THICKENER (XANTHAN GUM), MENTHOL.



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