

# NUTRIMEAL™ Dutch Chocolate

**DIRECTIONS:** For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

## NUTRITION FACTS

Serving Size: 3 scoops (60 g)

Servings Per Container: 9

### Amount Per Serving

**Calories** 240

Calories from Fat 70

### % Daily Value\*

**Total Fat** 7 g 11%

Saturated Fat 1 g 5%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 420 mg 18%

**Potassium** 600 mg 17%

**Total Carbohydrate** 32 g 11%

Dietary Fiber 8 g 32%

Soluble Fiber 3 g

Insoluble Fiber 5 g

Sugars 17 g

**Protein** 15 g 30%

Vitamin A 15% • Vitamin C 15%

Calcium 35% • Iron 35%

Vitamin D 25% • Vitamin E 15%

Thiamin 20% • Riboflavin 25%

Niacin 15% • Vitamin B6 20%

Folate 15% • Vitamin B12 8%

Phosphorus 30% • Iodine 25%

Magnesium 25% • Zinc 25%

Copper 15% • Molybdenum 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total fat	Less than	65 g	80 g
Sat. fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** PROTEIN BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, PEA PROTEIN), CRYSTALLINE FRUCTOSE, HIGH OLEIC SUNFLOWER OIL, MALTODEXTRIN, COCOA, FIBER BLEND (SOY FIBER, CANE FIBER, GUM ARABIC, OLIGOFRUCTOSE, CELLULOSE GUM, XANTHAN GUM, ORGANIC AGAVE INULIN), NATURAL FLAVORS, POTASSIUM PHOSPHATE, PRUNE POWDER (PRUNE, CALCIUM STEARATE), CALCIUM CARBONATE, SODIUM CASEINATE (A MILK DERIVATIVE), SEA SALT, MAGNESIUM OXIDE, SOY LECITHIN, ZINC GLUCONATE, ASCORBIC ACID (VITAMIN C), FERROUS FUMARATE, D-ALPHA TOCOPHERYL ACETATE (VITAMIN E), VITAMIN A PALMITATE, NIACINAMIDE (NIACIN), CHOLECALCIFEROL (VITAMIN D), FOLIC ACID, CYANOCOBALAMIN (VITAMIN B12), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), POTASSIUM IODIDE, THIAMIN HYDROCHLORIDE (VITAMIN B1).

**CONTAINS:** SOYBEAN AND MILK.

**PRODUCED ON EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, EGGS, WHEAT, SESAME, AND SHELLFISH.**

**\*FOR OUR CUSTOMERS SENSITIVE TO GLUTEN:** NO GLUTEN-CONTAINING INGREDIENTS ARE USED IN THIS PRODUCT. HOWEVER, DUTCH CHOCOLATE NUTRIMEAL IS PRODUCED IN A FACILITY THAT MANUFACTURES OTHER FOODS THAT DO CONTAIN GLUTEN.